O III O SAVA WEDNESDAY 29 JULY 2015

Latest innovations in infertility manageme Experts discussed fertility enhancement techniques at a conference in the city



(L-R): Dr Arun Nayak, Dr Bipin Pandit, Dr Hrishikesh Pai, Jackie Shroff, Dr Rishma Dhillon Pai, Shaina NC, Dr Nandita Palshetkar, Dr Prakash Trivedi and Dr Sunita Tandulwadkar

he Indian Society for Assisted Reproduction (ISAR) (Maharashtra) along with Mumbai Obstetrics and Gynecology Society jointly organised a 'Fertility Enhancement and Management Conference' in Mumbai, which focused on the impact that assisted reproductive techniques have had on infertile couples.

The event was inaugurated by chief guest Shaina NC in the presence of chairpersons Dr Rishma Dhillon Pai, Dr Nandita Palshetkar and Dr Arun Nayak. Shaina expressed appreciation towards

the infertility experts' services that brought happiness to several families. The event was graced by guest of honour Jackie Shroff, who praised the doctors for their hard work and dedication to patients.

Dr Hrishikesh Pai, president, ISAR, said "Today, patients below the poverty line can receive IVF services for free. They only have to pay the cost of the medication needed. Patients can register for this free service on www.isarindia.net."

Gynaecologist and chairperson, ISAR Maharashtra, Dr Rishma, said, "The

chief focus of the conference was to educate the doctors of Maharashtra on the latest techniques in infertility management."

Dr Palshetkar, gynaecologist and secretary general of national ISAR, added, "The egg banking facility allows a woman to freeze her eggs, giving her the opportunity to conceive a child at any point of life."

Girl child empowerment received a lot of emphasis with the experts extending support to Prime Minister Narendra Modi's, 'Beti Bachao Beti Padao' initiative.

THINGS EVERY MIDDLE-AGED PERSON OULD HAVE IN THEIR BED

edrooms are our personal sanctuaries. By the time you hit middle there are some things every bedroom should have in it. Here are a few essential



that is big and comfortable enough. Your back will thank you for it. And are you a person who likes flannel sheets and sleeps under a comforter 12 months a year? Or are you the

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